

BACK BENDERS

BRELAX AND STRETCH YOUR WAY TO A HEALTHY BACK

Help relieve bad back pain caused by tight muscles, excessive bending, and poor spinal alignment. Reverse the effects of spinal compression and pinched nerves weight 1 kg. outer dimensions 4 1 cm x 28 cm x 8 cm Easy to carry, pack and take anywhere.



Your strong back partner....

- Relieve vertebrae and disk compression
- Increase blood flow to the brain
- Relax the muscles of the shoulders, neck and lower back
- Use white sitting to improve posture
- Increase flexibility and range of motion
- Ultra comfortable spinal cradle

